The family constellations of Bert Hellinger make visible the often startling entanglements of individuals and families in their past and present. This image allows for deep, touching movements of the soul towards resolutions previously unconsidered. Not only the participants, but also observers, are moved in new directions. This transcribed documentation of a family constellations workshop allows readers to experience this processes and join in the movements towards peace and resolution in their own souls.

The setting of this workshop in Israel, a land burdened by a grief laden past and present, adds a dimension of depth and poignancy to the healing power of love.

This book complements the earlier book “Farewell” on the subject.

Bert Hellinger is probably Europe’s most innovative and provocative psychotherapist and a best-selling psychotherapy author. A former priest and a missionary to the Zulu in South Africa for 16 years, as well as an educator, a psychoanalyst, body therapist, group dynamic therapist, and family therapist, he brings a lifetime of experience and wisdom to his work. The family constellations, which have become the hallmark of Hellinger’s approach, as well as his observations about systemic entanglement and resolution, have touched the lives of thousands of people and have changed how many helping professionals carry out their own work.


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→ Rachel Weeping for Her Children

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