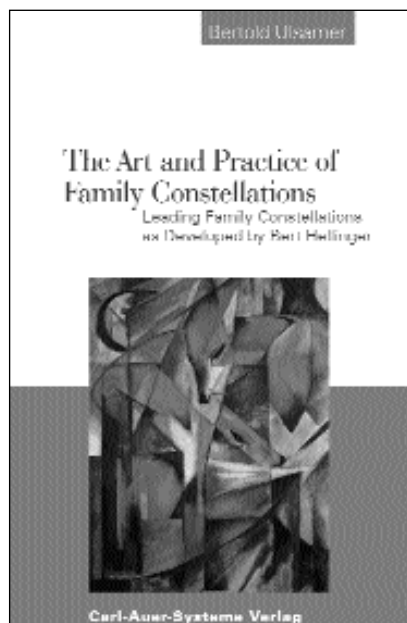


Bertold Ulsamer

# The Art and Practice of Family Constellations

Leading Family Constellations  
as Developed by Bert Hellinger



Bertold Ulsamer  
→ **The Art and Practice  
of Family Constellations**  
Leading Family Constellations  
as Developed by Bert Hellinger  
Translated by Colleen Beaumont  
198 pages, Pb, 2003  
€ 23,90  
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Using the systemic family therapy developed by Bert Hellinger, tensions and conflicts within families can be revealed. Through the use of representatives, the person involved can observe the psychic dynamics of his or her own family, and identify the patterns which are destructive.

In his book, Bertold Ulsamer explains the basis of family constellations, considers the task and the role of the therapist in the field of subjective experience and objective knowledge. He addresses the use of language and the issue of dealing with emotions. His book is aimed at therapists and others who are interested in the practical applications of the Hellinger therapy.

A book for psychotherapists who work with constellations or want to learn about this method.

*Bertold Ulsamer is a Doctor of Law and psychologist. He has worked as a psychotherapist, specialised in NLP, and was a management trainer for 15 years. Since 1995, he has worked in many countries, leading seminars in family constellations and offering advanced training in this field. He is the author of two books on family constellations, as well as books in the field of communication and self-management.*

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