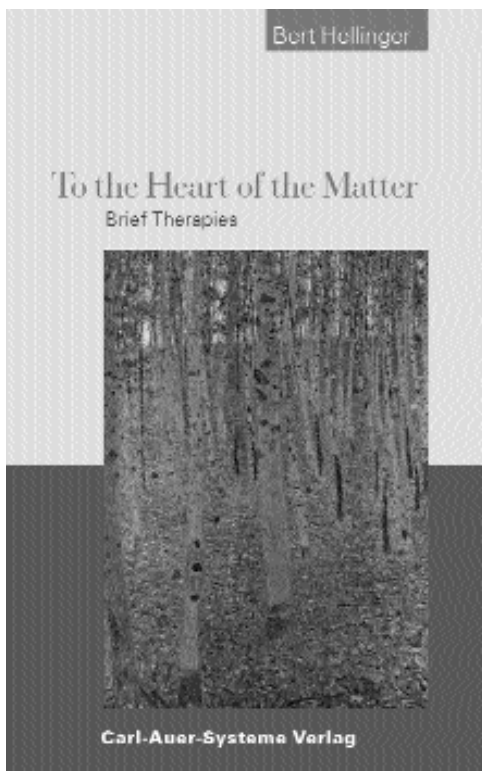


Bert Hellinger

To the Heart of the Matter

Brief Therapies



Bert Hellinger

→ **To the Heart of the Matter**

Brief Therapies

Translated by Colleen Beaumont

252 pages, Pb, 2003

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In his courses and seminars Bert Hellinger works with patients to map out family constellations in a highly concentrated form. This book documents for the first time these highly intensive short-term therapies. These sessions provide insights into the hidden realities and broken relationships revealing new perspectives.

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